

# TEAMWORK



# ENDURANCE



# PERSISTENCE



# COMMUNITY

## Are you in Year 6 or 7?

Then you are eligible to apply to become part of the team.

What happens when I leave primary school and go onto High school?

## Aberfoyle Hub high school

If you are attending Aberfoyle Hub High School you can still continue to do Pedal Prix, you remain part of the same team but become a senior rider in our senior bike.

## About the races

There are 6 races each year with our school attending 3 to 4 of them. The biggest race by far is the grand finale at Murray Bridge, it is a 24 hour non stop race. We also attend 2 races at Victoria Park in the city and usually Loxton (6 hours each)

Help is always needed at the races by students and parents with set up and take down, getting riders ready, catering, pit crew, timing to name a few tasks, it's a fun environment and a great day!



**PEDAL PRIX IS FOR  
ALL ABILITIES  
& FITNESS LEVELS, IT  
TAKES SKILL  
COURAGE AND PURE  
DETERMINATION  
ARE YOU READY FOR A  
CHALLENGE?**

# HUBCAPS

ABERFOYLE HUB SCHOOL

Persistence  
with  
purpose



## Pedal Prix Team



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## What is Pedal Prix?

### *Australian HPV Super Series* (Human Powered Vehicle)

Pedal Prix is a competition where teams race HPV's (Human powered vehicle) on a closed controlled circuit, here at the Hub R-7 this is open to students in Year 6 & 7, we also partner with Aberfoyle Hub High School so students can continue into the senior team.

The events are staged by Australian International Pedal Prix inc and they are designed to develop group teamwork, technological and engineering skills, enterprise skills, fitness and health.

Sponsored by UniSA the Australian HPV Super Series involves more than 500 teams and draws up to 35,000 spectators to the Murray Bridge 24-hour endurance race.

Check out the HPV official page:  
[www.pedalprix.com.au](http://www.pedalprix.com.au)

### The benefits of Pedal Prix?

- Learning to work as a team
- Build new friendships
- Becoming part of a community
- Increased understanding of basic technological and engineering skills
- Improved health and fitness

### What is involved?

It requires commitment and dedication, training happens from mid term 1 until the 24hour Murray Bridge race usually held in September. Fitness and stamina training happens before school once a week along with weekend practice in the pedal prix bikes. (weekend training is not every weekend but closer to events it becomes more frequent)

Whilst it is hard work and takes determination and focus, you will find it incredibly rewarding from both a personal development and teamwork perspective and most importantly you have fun doing it. Just ask a student who has competed in a race they will tell you the adrenalin rush and excitement is amazing!

**Pedal Prix is a great way to build friendships, work as a team and represent your school, it's great fun!**



### Parent involvement

Pedal Prix cannot run without its team. Their needs to be a Pedal Prix team Co-ordinator whom requires a committee and team of parent volunteers to support:

- Maintenance Manager
- Canteen Coordinator
- Fundraising Coordinator
- Training Coordinator
- Senior team high school Coordinator

It is a great opportunity for families to make connections and become involved in the school community.

Register your interest now, membership applications are available from school in term 4.

