



ABERFOYLE HUB R-7 SCHOOL

We Value Relationships, Responsibility, Resilience and Respect

Sun Smart Policy

Updated May 2017

RATIONALE

Australia has the highest incidence of skin cancer in the world and much of the damage occurs during childhood and adolescence. Research has shown unprotected exposure to the ultra violet rays of the sun in the first twenty years of life is an important factor in the development of skin cancer later in life. Ultra violet rays can penetrate thin cloud and reflect off all surfaces, including water and sand, so it is possible to be sunburnt on cloudy days or under shade. SunSmart behaviour promotes the wearing of protective clothing, sunscreen and utilising shaded areas.

AIM

The aims of the SunSmart Policy are to develop awareness among students, staff and parents and to promote:

- Positive attitudes towards skin protection and develop procedures which reduce prolonged exposure to the sun.
- The importance of developing a personal responsibility for a decision-making about skin protection that will stay with them throughout their life.
- Changes needed in lifestyle practices which help reduce the incidence of skin cancer and the number of related deaths.
- The use of indoor and shaded facilities and plan for lessons outside of the high risk UV times.

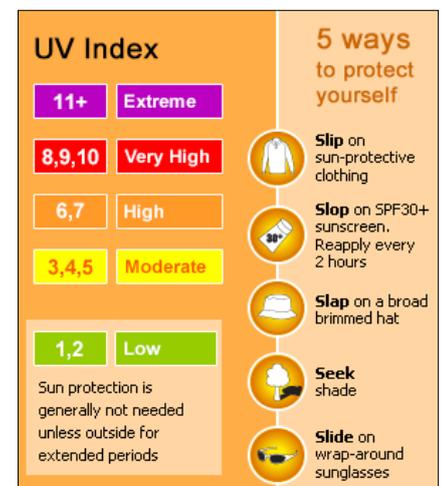
POLICY IMPLEMENTATION

Curriculum

- Each year teachers will incorporate the SunSmart Policy promoting a positive attitude to sun protection and skin cancer prevention through the Health and Physical Education curriculum.
- Teachers will encourage an awareness of the dangers of high risk UV exposure and the lifestyle practices required to protect oneself from sun damage throughout the year.
- Consideration will be given to holding outdoor activities such as P.E. activities, Sports day, outdoor assemblies and swimming outside of high risk UV times i.e. 10.00am - 3.00pm from September to April.

Behaviour/Action

- Students / parents / caregivers will be encouraged to be responsible for their own SunSmart behaviour.
- Appropriate SunSmart behaviour will be modelled by Staff to reinforce the policy.
- High risk teachers such as Physical Education teachers must take appropriate sun protection measures.
- Parents/caregivers are expected to model SunSmart behaviour for all outdoor school activities.
- Parents/caregivers will be responsible for providing their child with the appropriate SunSmart clothing and support staff in the implementation of this policy.
- **All staff and students will wear a broad brimmed, legionnaire or bucket style (with a brim width of at least 6cms) hat while involved in outdoor activities from the 1st August through to 30th April, or when the UV index reaches 3 at all other times. Students without hats must be seated (no play) in full shade near the library verandah.**
- The use of SPF 30+broad spectrum sunscreen is supported, with time for children to apply allowed. Children to supply their own sunscreen.
- The school uniform will incorporate appropriate clothing for sun protection – e.g. polo shirts and hats – see separate school uniform policy.
- Extended time in direct sun will be avoided wherever possible during peak UV times.



Environment

The school community will continue to develop long term shade strategies for the school grounds by monitoring existing shaded areas and extending/increasing if necessary and encouraging children to use these areas.

MONITORING AND EVALUATION PLAN

This Policy will be monitored by staff, students and parents/caregivers every two years.