



HUB NEWS

Aberfoyle Hub Primary School Parent and Caregiver Newsletter

RELATIONSHIPS RESPONSIBILITY RESILIENCE RESPECT



WHAT'S INSIDE THIS ISSUE:

From the Principal - page 1
From the Deputy Principal - page 2 & 3
Save the Date - page 2
Dream to lead conference- page 4
Pupil Free Day page 5
SRC News page 6 & 7
OSHC page 8
Hub Gardening club pages 9 & 10
Community News page 11



From the Principal

by Tas Ktenidis

COVID Update

Some families may have received over the last couple of days, notes relating to positive COVID cases. I would like to remind all of our adults who do come to school, to please make sure you are supportive of the schools request. We do need adults to wear masks if you are able to. This is the best defence for all staff and students. Always remember to social distance, continue to not enter buildings and if your child/ren do show any sign of illness, please make sure to keep them home.

NAPLAN

This year our Year 3 and Year 5 students will be sitting for NAPLAN testing during term 2. Students in year 3 will be sitting for an online practice session. The session will allow our students to develop an understanding what the test conditions are like when they are online. If you have any queries about NAPLAN please make sure to contact your child/ren teacher or ask to speak to either Mrs Sarah Magnusson or myself to answer any questions or concerns you may have about the test, withdrawals or exemptions.

Question Answer and Relationship Reading

In our last newsletter I began to share with you how QAR reading strategy can help our students with their reading comprehension. I talked about what good readers do before reading. This included probing questions and how you could support your child with reading and comprehension development.

During reading a Good readers will;

- reread
- pause to reflect
- read carefully when something is new, difficult or important
- make conscious inferences about the story, the characters and the author
- work out word meanings from the context
- try to work out how the text relates to their own knowledge
- integrate ideas – analysing different parts of the text, moving forward and back in the text.

Prompting questions may be;

- Right There
- Who is the main character?
 - Where does this story take place?

Think and Search

- What has ... done so far?
- What was the problem and how was it resolved?

Author and Me

- What do you think will happen next?
- What do you think the character is feeling?

Parent/ Teacher Interviews

A quick reminder to all families that we have sent out notes for Parent/Teacher interviews for next week. Please make sure you do make a time to talk to your child's teacher about their learning. On the sheet there are three options as to how you can book. The easiest way is using the QR code. However if you do not have a phone that allows you to use this method, please do not hesitate to use any of the other two links.

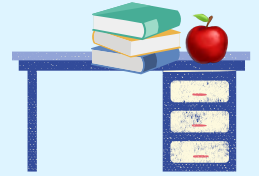
Regards
Tas

save the date

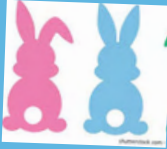


From the desk of the Deputy Principal

by Sarah Magnusson



MARCH



PUBLIC HOLIDAY; GOODFRIDAY, FRIDAY 15TH APRIL, WEEK 11.

HARMONY WEEK - MARCH 21-25, WEEK 8

PARENT INTERVIEWS TUESDAY 28/3/22 - 02/04/22, WEEKS 9 & 10

LAST DAY OF TERM - EARLY DISMISSAL 2:30PM, THURSDAY 14TH APRIL

FIRST DAY OF TERM 2 2022 - MONDAY 2ND MAY.



R-4 SWIMMING

Week 6, Term 2

As part of the Health and PE curriculum, R-4 students will be involved in a 1-week daily swimming program next term. Invoices and medical/consent forms will be sent home to families early next term as well as further details about swimming times, commitments and timetables. Approximate cost for R-4 students is \$100 (GST included in the cost). This includes the entrance fees and service (lessons are cost-free as it is part of the curriculum). Payment must be made by Friday, May 27th. Confirmation of cost to be received early next term.



All volunteers registered to help with supervision of children at the centre must have returned consent forms, have a current DHS (formerly DCSI) screening clearance and also have completed RHAN training. Volunteers will be identifiable by wearing a school badge obtained each morning of supervision from the Front Office. Please contact the school if there are any queries.

NAPLAN

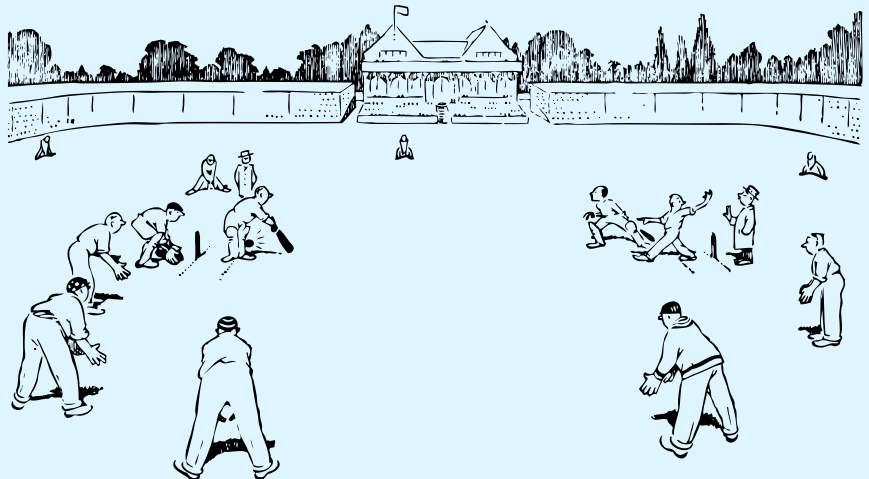
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Absences

The Front Office can be notified of any student absences by phoning 8270 5055 or sending a text to 0428 910 895





RELATIONSHIPS
RESPONSIBILITY
RESILIENCE
RESPECT

From the desk of the Deputy Principal continued...

BULLY AUDIT

We are committed to creating a supportive school environment, free from bullying, harassment and violence.

Our message is that we say 'no way' to bullying in all shapes and forms including cyber bullying, physical violence and intimidation. There is no place for bullying or violence in or outside of our schools. We continually encourage children to talk about and be more aware of the impacts of bullying.

MANAGING BULLYING AT THE HUB

It is important for our school community to continuously look at ways to monitor and improve procedures to reduce harassment and bullying incidents.

Research shows bullying can have a significant impact on learning and relationships if not dealt with effectively. To further strengthen our work in ensuring that our school is a safe, happy and harassment-free environment for students, staff and families we will conduct an R-7 Bullying Audit in Week 9 this term and again in Term 3.

What is a Bully Audit?

The audit involves students completing a series of questions with support of their class teacher, asking them if they've been bullied recently including what and where it happened. What happens with this information?

Conversations will be had with students identified through this process. Discussions centre on what needs to improve/change to support positive behaviour. Sometimes students can be involved in bullying without realising that their actions affect others. Data collected is used to inform and improve our practice in order to keep our school a safe place for all. Will families be notified? Families will be informed if their child is identified through the process and a meeting arranged where applicable.

Please read the letter emailed (March 25th) to families, detailing the Bully Audit process. For further information contact your child's teacher, Tas Ktenidis or Sarah Magnusson



Thank you!
for reading



Where Golf and Community Meet

2022 JUNIOR GOLF CLINICS

ALL AGES WELCOME

-NOVICE-
-INTERMEDIATE-
-ADVANCED-



TERM 2 CLINICS (6 weeks)

WHEN: Every Tuesday 17th May – 21st June
TIME: 4pm – 5pm
COST: \$65

To book or find out more visit:
www.fhgc.com.au/golf/junior-golf



Dream to Lead Conference Adelaide March 10th 2022.



The Aberfoyle Hub Primary School SRC Executives, PA crew, and Sports Captains along with Mrs Magnusson, Mr Walters and Mrs Videon attended the conference in the city.

Dream and Lead is a one-day, highly engaging event designed to support primary school students in discovering their leadership potential, whilst providing them with strong foundations to succeed.

Throughout the day students participated in purposeful activities to develop their problem-solving skills, and increase confidence and independence. Students had the opportunity to listen and reflect and recognise the impact they can create as a young person.

“At the conference we learnt about what leadership is. I learnt that it is ok to make mistakes and you cant do everything. Leadership is all about respect, responsibility, resilience and helping others. It was a great conference that taught me all about the different ways to talk to people and also that great leaders listen. You have two ears and one mouth”. Isla Catt Yr 6

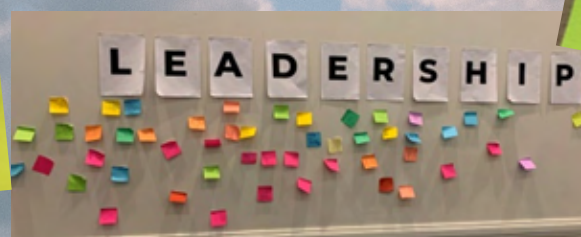


Leadership is having the courage to take everyone's ideas and working with them, so it is fair in a group.

Leadership is how someone can stand up for people.

My leadership would be being honest, kind, trustworthy and respect
by Caitlin W at HUB Primary School

I think leadership is about working together and being a ~~one~~ person brave



Leadership is an important rule that allows someone to make decisions and be in charge. They can take ideas and agree or disagree.
Kale



PUPIL Free Day

SSO'S
getting creative in preparation
for Harmony day..



Harmony Day

Is celebrated in Australia on March 21st and is a day whereby we celebrate Australia's cultural diversity. It coincides with other countries international days for the Elimination of Racial Discrimination.



HARMONY WEEK





SRC NEWS FROM SRC TEAM.

NUDE FOOD WEDNESDAYS AT THE HUB..



Wipe out Waste



Nude food info for families

What is Nude Food?

‘Nude Food’ is a popular term in schools and preschools. But what exactly is ‘Nude Food’? Simply put, it’s food without excess packaging. Usually, this means food that is not processed, often making it a healthier and more environmentally friendly option.

Why bring nude food?

Reducing packaging has important environmental benefits. Each year in SA, families of primary school aged children spend more than \$3.5 million on individually packaged items, collectively throwing away over 1.5 million yogurt suckers, 3 million small tubs and 11 million ziplock bags - that’s enough ziplock bags laid flat to reach from Adelaide to Ceduna and back! ** Landfill disposal is also usually a significant cost for a site, and by reducing waste, more money can be invested on learning resources and teaching support. Unpackaged food also encourages better food and drink choices, as many healthy food options come with their own packaging!

**Based on average data from over 200 Wipe Out Waste SA school audits since 2006 (extrapolated to all primary schools in SA)

Up to 50% of items in school bins come from food and drink packaging.

You can help the environment and your school save money on waste disposal costs.



Pack

- Snacks in reusable containers
- Drinks in a reusable bottle
- Reusable utensils when needed
- A reusable lunchbox or backpack

Avoid

- Plastic bags, cling film or foil
- Disposable drink boxes, cans, cartons and bottles
- Disposable forks and spoons
- Pre-packaged lunches or single serve items

Wipe out Waste—WOW

A program of Green Industries delivered by KESAB environmental solutions





Wipe out Waste



Tips for parents packing Nude Food lunches

- ❑ **Let children make their own lunches.** Consider packing lunches the night before and storing them in the fridge overnight to avoid the morning rush.
- ❑ **Discuss with your child what they like to eat and how much.** Bin audits in schools across SA show large quantities of unopened packaged foods (single-serve yogurts, cheese sticks, sandwiches, uneaten fruit and fruit boxes are being thrown away. This costs your family money as well as creating unnecessary waste.
- ❑ **Cut up fruit and vegetables and pack them in reusable containers** so that children can eat some and save the rest for later. (It's easier to eat a wedge or two of an apple and then reseal the container than to take a few bites out of a whole apple and save the rest). A rubber band around a sliced apple will prevent browning.
- ❑ **Encourage your children to bring home uneaten food to eat later.** Appreciate that play time is also important, so discuss with children how much they can reasonably eat in one day. Often children throw uneaten food away because they don't want to upset the person who packed the lunch. If you're not sure how much they can eat at school, start small, e.g. a piece of fruit and a sandwich, and build it up if they are asking for more.
- ❑ If your children have chips, savoury biscuits, or other snacks, try **buying a larger bulk pack** and have your children put the same quantity into a reusable labelled container that they bring home each day. It's also cheaper!
- ❑ **Avoid buying drinks in packaging that cannot be resealed.** Many children take just a few sips at snack time and discard the rest. Pack drinks in a re-usable container.



Aberfoyle Hub Vacation Care Program April 2022



Monday 18 th April	Tuesday 19 th April Excursion \$66	Wednesday 20 th April Excursion \$66	Thursday 21 st April \$61	Friday 22 nd April Excursion \$66
<p>EASTER MONDAY</p> 	<p>Wheels Day@ Thalassa Park</p>  <p>Please bring your wheels, helmet, sun smart hat, water bottle, lunch & recess</p>	<p>SEMAPHORE Steam/forte train ride & national railway museum</p>  <p>Please bring your sun smart hat, water bottle, lunch & recess</p>	<p>Gardening Day</p>  <p>Please bring your sun smart hat, water bottle, lunch & recess</p>	<p>Mt Barker Wallis Movies</p>  <p>DEPART 8:45AM Please bring your sun smart hat, water bottle, lunch & recess \$6 Candy bar comb deals</p>
Monday 25 th April	Tuesday 26 th April Excursion \$66	Wednesday 27 th April \$61	Thursday 28 th April \$61	Friday 29 th April Excursion \$66
<p>ANZAC DAY</p> 	<p>Adelaide Central Markets</p>  <p>DEPART 9AM Please bring your sun smart hat, water bottle, lunch & recess Optional spending money \$5-\$10</p>	<p>MULTICULTURAL DAY</p> <p>Join us in celebrating and learning about new cultures. We will be cooking, trying different foods & crafts</p> <p>Please bring your sun smart hat, water bottle, lunch & recess</p>	<p>Soccer fun day</p>  <p>Please bring your sun smart hat, water bottle, lunch & recess</p>	<p>Adelaide Youth Theatre & Fasta Pasta lunch</p>  <p>DEPART 8:45AM Please bring your sun smart hat, water bottle & recess \$15.00 kids meal with drink (Fasta Pasta)</p>

Wheels Day



Bring your bikes or scooters, and remember your helmets!

NO HELMET = NO RIDING!





This year, we will be running a **Garden Club for students during the recess play** break on Thursdays. With the help of our Groundskeeper (Travis) we have breathed new life into the Environment Centre by the back gate of the school.

The opportunity for students to connect with nature and work on sustainability projects has been well received and last week we had over 30 attendees! Students have been working hard to restart our veggie patch and propagate a range of different native, ornamental, and edible plants. So far, there has been lots of success.

A range of native plants have been selected to grow from seed for planting around our school site. We have also been growing flowers and other ornamentals in preparation for the Mother's Day fundraising event. It is our hope to share sustainable gifts and practices with the entire school community.

Attendees have learnt about the needs of plants, seed and cutting propagation methods, native flora, and most importantly... team work! To encourage regular attendance, any student that comes to 10 sessions will be able to take a plant home for their own garden at no charge. We are hopeful that fundraising efforts will be successful in not just maintaining, but expanding the project. Please encourage your child to attend each Thursday!



In the veggie patch, we have focused on preparing the beds for Autumn plantings. This week, we will be discussing the principles of organic gardening and planting various heirlooms including: Japanese radishes, Bok choy, beetroot, broad beans, and broccoli. Regular attendees will be rewarded with the opportunity to take produce home, as it becomes ready for harvest.

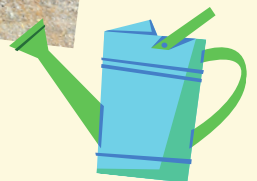
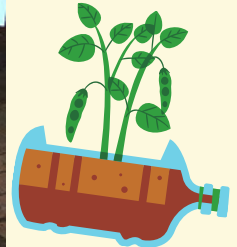


Thank you to Di (Pastoral Care), Travis (Groundskeeper), and Naomi (Parent Volunteer) for your support of this project. Additionally, I would like to acknowledge the generous plant donations from Miss Wissell and Cathrine. If you would like to volunteer your time to support our gardening efforts, please do not hesitate to contact me through the school for more information.

Mr. Legg



Hub Gardening Club Helpers.



Aberfoyle Hub Primary School

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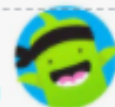


Government of South Australia
Department for Education



Follow us on Facebook
facebook.com/AberfoyleHubR7school

Receive school notices and
Newsletter on Skoolbag



Connect with the classroom on
class dojo



VIRTUAL TOURS

To view our virtual tours, please visit our school website at www.aphs.sa.edu.au or click on the following links:

[Introduction to Aberfoyle Park High School](#)
[Curriculum Information](#)
[Information & Communication Technology](#)
[IGNITE Program for Gifted Children](#)
[International Programme](#)
[Library Facilities](#)

What we offer:

- *Innovative, creative and collaborative educational learning experiences*
- *The International Baccalaureate Diploma Programme (IBDP)*
- *IGNITE Program for Gifted Students*
- *Contemporary STEM facility*
- *International Program*
- *Spanish and Japanese Languages & Stage 1 & Stage 2 French*
- *Integrated Career Development Program*
- *A dynamic Performing & Visual Arts Program*
- *A range of Health, Physical Education & Sport opportunities*
- *After School Learning support for Years 10 to 12 three afternoons each week*
- *After School Literacy & Numeracy tuition for Years 7 to 9*
- *Latest technology to support students learning and engagement*
- *Student Wellbeing Team to support students and families*
- *Certificate courses in Vocational Education Training*
- *A range of student leadership opportunities*
- *Comprehensive range of co-curricular activities and clubs*

PRINCIPAL TOURS

9.00am-10.30am

Visit our school [website](#) to book into one of the following tours:

Thursday 12 May
Tuesday 17 May
Monday 20 June
Friday 5 August
Thursday 8 September
Monday 24 October

Phone: 8270 4455

Email: APHS.Info970@schools.sa.edu.au

Website: www.aphs.sa.edu.au

36A Taylors Road, Aberfoyle Park 5159